



**NYU | DENTISTRY**

Linhart Continuing Dental Education Program

***DENTAL SLEEP  
MEDICINE  
CONTINUUM***

**2018**

**JUL 13-14, 2018 • AUG 24-25, 2018 • SEP 21-22, 2018**



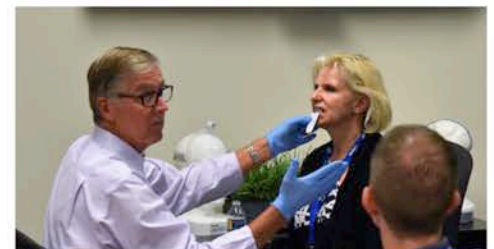


## Course Description

Drs. Bennett, Gelb, and Patel are proud to present their first annual Dental Sleep Medicine Continuum in conjunction with Nierman Practice Management. This continuum offers practicing dentists a comprehensive program aimed at providing hands on clinical experience in all aspects of Oral Appliance Therapy (OAT). This expertise gained will enable the practitioner to successfully treat Obstructive Sleep Apnea and disruptive snoring. The 3 session, 6 day program is ideal for those just beginning in the treatment of Dental Sleep Medicine (DSM) as well as those wanting to expand their knowledge and increase their experience in providing oral appliance therapy to more patients in the practice.

The course will consist of three weekends and will include lectures from nationally known experts and hands on clinical experience. When the course is finished, the participant will have the knowledge to evaluate patients for Sleep Disordered Breathing problems and also how to screen for Temporomandibular Joint Disorders. Many different oral appliances will be discussed and students will have the opportunity to have three different custom made devices made specifically for each of them. Lab breakout sessions will allow the participant to learn standard patient examination techniques, be proficient in the taking of impressions and bite relationships for the different appliances, fitting of the appliances, suggestions on the adjusting of the appliances and management of potential side effects. Many more advanced topics will include pediatric OSA, surgical procedures for OSA along with their specific indications and combination therapy for the more severe sleep apneic patients. Participants will learn the nuances of Dental Sleep medicine practice management and will learn how to collaborate with their physician colleagues to successfully treat this severe medical problem.

This course will provide **48 hours of CE credit** along with a solid foundation for the participants in studying for DSM board examinations.

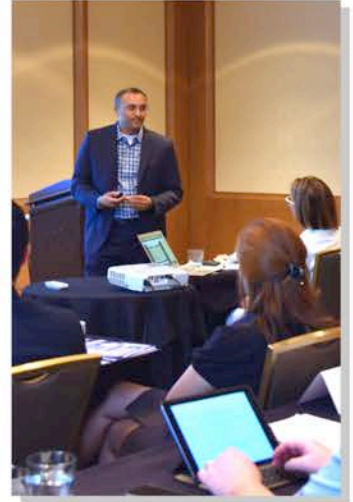




# Educational Objectives

## Session I: July 13-14, 2018

- ▶ Physiology of normal sleep.
- ▶ Pathophysiology of abnormal sleep.
- ▶ Classification of sleep disorders.
- ▶ Internal derangements and muscle disorders.
- ▶ TMJ exam and upper airway evaluation.
- ▶ CBCT and its role in airway evaluation.
- ▶ Dentistry's role in sleep medicine and identifying patients within your practice.
- ▶ Understanding oral appliance therapy.
- ▶ Clinical hands-on session - Impressions, performing an examination, bite registration.



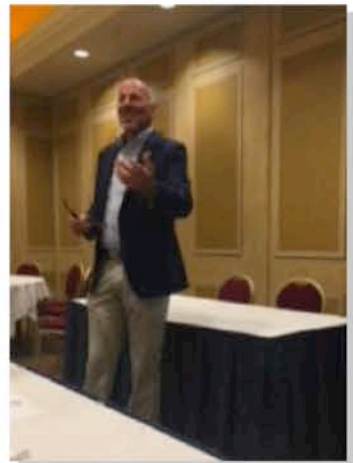
## Session II: August 24-25, 2018

- ▶ Understanding the TMJ and its interrelationship with SDM.
- ▶ Treatment options for OSA.
- ▶ Understanding treatment failures.
- ▶ Appliance selection and combination therapy.
- ▶ Managing side effects of oral appliance therapy.
- ▶ Understanding the role of the nasal airway.
- ▶ Process of appliance delivery and assessing the fit of the oral appliances.
- ▶ Clinical hands-on - Fitting and adjusting oral appliances, AM aligner fabrication.



## Session III: September 21-22, 2018

- ▶ Understanding Medical Billing.
- ▶ How to determine appliance therapy success.
- ▶ Pediatric to adolescent airway.
- ▶ Adjunct therapy for pain management.
- ▶ Clinical issues - small group interactions with faculty "Practice Pearls with the Experts"
- ▶ TMJ splint therapy.
- ▶ Long term follow up.
- ▶ Understanding the polysomnogram (PSG) and HST (Home Sleep Test)
- ▶ Building relationships with the medical community and practice marketing.



# 48 CEUs

*This course is designated for up to 48.0 hours of continuing education credits.*

## Registration Fees

**One time payment:** \$6595 per doctor (Save \$400) Includes all 3 sessions

**Two payments:** \$3497.50 with Registration, and \$3497.50 at beginning of Session 1

The registration fee includes course materials, CE credit and breakfast and lunch with morning and afternoon breaks. All registrations must be received no later than July 1, 2018.

### Cancelations & Refunds

All Cancellations must be submitted in writing 2 weeks prior to the program start date. Refund amount will be 50% less of the total cost of the program. Due to non-refundable commitments, we cannot offer refunds after this date.

## Registration Form If mailed, please make a copy for each additional participant

## 48 CEUs

NAME (FIRST/LAST/DESIGNATION)

NAME FOR BADGE

STREET ADDRESS

CITY/STATE/ZIP CODE

OFFICE PHONE

CELL PHONE

E-MAIL

**REGISTRATION FEE:**  **\$6595** (One time payment)  
 **\$6995** (Two payments of \$3497.50)

### PAYMENT METHOD

**CHECK** (Payable to Nierman Practice Management)  
 **CREDIT CARD**  MC  Visa  American Express  Discover

CARD NUMBER

CVV

EXP DATE

SIGNATURE

**You Can Also Register by Calling 1.800.879.6468 option 3  
or Log on to [www.NiermanPM.com/NYU](http://www.NiermanPM.com/NYU)**

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Continuing Education Recognition Program

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